

# **CURRICULUM VITAE**

*Of*

**Mona R. E. Abdel-Halim**

MBBCh, MSc (Dermatology, Venereology and STDs), MD (Dermatology),  
Cairo University

Diploma in Dermatopathology (ICDP-UEMS Board Certificate)

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## PERSONAL DETAILS

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Date of birth	26/01/1971
Place of birth	Liverpool, England
Nationality	Dual Nationality (British/Egyptian)
Home address	Mena Garden City Compound, 6 <sup>th</sup> October City Egypt
E-mail address	abdelhalimmona@kasralaini.edu.eg abdelhalimmona@gmail.com
Gender	Female
Phone	Clinic: 01158618689
Marital status	Married and have two children; Yasser and Yusra

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## PROFESSIONAL BODIES

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### Professional Memberships:

1. Egyptian Medical Syndicate, 119979
2. BSD (British Society of Dermatopathology)
3. ESDV (Egyptian Society of Dermatology and Venereology)
4. EWDS (Egyptian Women's Dermatologic Society)
5. ASCDL (AfroAsian Society of Cosmetic Dermatology and LASER)
6. Member of the scientific council (Board) of the Egyptian Fellowship of Dermatology, MOHP (Ministry of Health and Population)

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## EDUCATION

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December 1994                      **M.B.B.Ch – First Degree Honours**  
*Faculty of Medicine, Cairo University*

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## LANGUAGE PROFICIENCY

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June 2003                      Local TOEFL. Score: 600

September 2001              Completed the Grundstufe (Basic level) of German language courses at Goethe Institute in Cairo

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## AWARDS

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December 1995              The Egyptian Medical Syndicate award for First Degree Honours graduates of Cairo University.

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## POSTGRADUATE QUALIFICATIONS

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December 2010: Diploma in Dermatopathology (ICDP-UEMS Board Certificate)

May 2002: MD (Dermatology), Cairo University.

May 1999: MSc (Dermatology, Venereology and STDs), Cairo University (Excellent)

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## EMPLOYMENT HISTORY

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**Current post:** Assistant Professor of Dermatology, Dermatology Department, Faculty of Medicine (Kasr El Aini University Hospital), Cairo University.

**Private practice:** DermaPATH clinic

### Employment Summary:

Institute	Position	Speciality	Head of Department	Date
Faculty of Dermatology (Cairo University) Kasr El Aini University hospital (Cairo University Hospital)  DermaPATH Clinic	Assistant Professor	Dermatology	Hoda Rasheed (MD) Hany El Weshahy (MD)	October 08 - NOW
New Kasr El Aini Teaching Hospital	Consultant	Dermatology		October 03- NOW
Wahat Al Shefa Poly Clinic	Consultant	Dermatology		January 06- December 10 (4 years)
Al Farouk Private hospital	Consultant	Dermatology		January 05- January 06 (1 year)
Faculty of Dermatology (Cairo University) Kasr El Aini University hospital (Cairo University Hospital)	Lecturer	Dermatology	Mohammad Shaker (MD) Mohammad EL Refaii (MD) Medhat El Mofty (MD)	October 03- October 08
Faculty of Dermatology (Cairo University) Kasr El Aini University hospital (Cairo University Hospital)	Assistant Lecturer	Dermatology	Mohammad Shaker (MD)	March 03- October 03 (7 months)
Kasr El Aini University hospital (Cairo University Hospital)	Resident	Dermatology	Galal El Enani (MD)	September 96- September 99 (3 years)
Kasr El Aini University hospital* (Cairo University Hospital)	House officer	Internship rotation		Mar 95-Mar 96 (1 year)

Kasr El Aini University Hospital is the largest and oldest University Hospital in Egypt. The Dermatology department has two outpatient clinics, a main clinic, and a small pediatric clinic attached to Abou Al Reish Pediatric University Hospital. An average of 100-150 patients visits each clinic daily. The dermatology department has also an inpatient unit with the capacity of 37 beds. During my residency program in the dermatology department, I spent 3 months in the Andrology department.

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## CLINICAL AND THERAPEUTIC EXPERIENCES

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### CLINICAL EXPERIENCE

I have achieved a lot of clinical experience working in the biggest university hospital in Cairo (Kasr El aini University Hospital). My clinical experience is in the following fields of Dermatology:

1. Diagnosis and management of a wide range of infectious dermatologic diseases including good experience in diagnosing leprosy, tuberculosis, atypical mycobacteria and different forms of fungal infections.
2. Diagnosis and management of autoimmune bullous diseases especially pemphigus vulgaris. Kasr El Aini University Hospital represents a big centre for treatment of immunobullous disorders with recent protocols using pulse steroid therapy and immunosuppressive drugs. During my residency I have managed critically ill immunobullous patients in our in patient unit.
3. Diagnosis and management of autoimmune collagen diseases and other autoimmune disorders.
4. Diagnosis and management of psoriasis, lichen planus and many other papulosquamous diseases and disorders of keratinization.
5. Diagnosis and management of mycosis fungoides (I have seen a lot of cases of mycosis fungoides with variable clinical presentations).
6. Diagnosis and management of atopic dermatitis seen in both the pediatric and adult population.
7. Diagnosis and management of a wide range of inflammatory dermatoses.
8. During my work in Kasr Al Eini University Hospital (Dermatology department), I have seen a lot of rare genodermatoses and rare cutaneous tumors.

### THERAPEUTIC EXPERIENCES

I have good experience in performing the following therapeutic procedures:

1. Phototherapy including: PUVA, narrowband UVB and broad band UVB therapy of many diseases such as: psoriasis, vitiligo, mycosis fungoides, morphea and uremic pruritus.
2. Electrocautery of warts, skin tags, pyogenic granulomas and many other skin lesions
3. Cryocautery of palmoplantar warts
4. Intralesional injections of steroids
5. Comedo extraction
6. Chemical Peeling (superficial and medium depth TCA peels) in acne and melasma
7. CO2 Laser treatment of syringomas, xanthelasma, milia, white comedones, epidermal nevi, sebaceous nevi, neurofibromatosis, angiofibromas and warts
8. Pulsed dye laser treatment of portwine stains
9. Long pulsed Nd-YAG hair removal and treatment of leg veins and hemangiomas
10. Fractional erbium and fractional CO2 laser resurfacing

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## SUBSPECIALITY

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### DERMATOPATHOLOGY

- In December 2010, I have passed the International Board Certifying Exam in Dermatopathology (ICDP-UEMS) and have received a Diploma in Dermatopathology. I am capable of diagnosing inflammatory and neoplastic skin conditions.
- I am currently in charge (with a team) for the signing out the biopsy reports in the Department of Dermatology, Faculty of Medicine, Cairo University.
- I have designed and currently the director of the Dermatopathology module taught as part of the curriculum of the Masters and Medical Doctorate of Dermatology.
- I am the director of the Dermatopathology module taught in the Egyptian Fellowship of Dermatology.

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### DERMATOLOGY RELATED SKILLS UNDERGOING DEVELOPMENT

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- I am upgrading my skills in dermoscopy

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### TEACHING EXPERIENCE

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#### During my Residency

- Teaching house officers (interns) in the outpatient clinic, on ward rounds and when on-call.
- Supervision and training of the house officers (interns) performing some therapeutic procedures such as electrocautery.
- Teaching junior residents in the outpatient clinic, on ward rounds and when on-call
- Supervision and training of junior residents performing different therapeutic procedures such as: electrocautery, cryocautery, comedo extraction, intralesional injections and phototherapy.
- Informal teaching of nursing staff and paramedics

#### Since being Assistant Lecturer and until now

- Teaching Dermatopathology to residents, assistant lecturers and staff members as well as Master degree candidates, MD candidates and candidates of the Egyptian Fellowship of Dermatology.
- Involved in undergraduate clinical teaching on regular basis (teaching for small groups)
- Involved in postgraduate clinical teaching on regular basis (teaching for small groups)
- Giving undergraduate lectures (teaching for large groups)
- Giving postgraduate lectures (teaching for large groups)
- On going continuous supervision and training of residents in the outpatient clinics, on ward rounds, when on call and during performance of basic therapeutic procedures such as: electrocautery, cryocautery, comedo extraction, intralesional injections and phototherapy.

- On going continuous supervision and training of assistant lecturers and lecturers performing some therapeutic procedures such as chemical peeling and laser therapy
- Involved in designing the post graduate training program (Masters and MD) in the Dermatology Department, Cairo University
- Involved in designing the training program for the Egyptian Fellowship of Dermatology.

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#### ATTENDED MEDICAL EDUCATION COURSES

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I have attended the following courses as part of the medical education development program in our faculty:

1. Preparation of university Lecturers.
2. Research methodology
3. Teaching methodology “ Teaching for small and large groups”
4. A workshop on how to write a systematic review and meta-analysis
5. Quality management and control
6. Curriculum design
7. Medical Ethics
8. Effective presentation Skills
9. Strategic planning
10. Meetings and Managing time
11. The credit hour system
12. Exams and student evaluation systems
13. Managing research teams

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#### RESEARCH AND PUBLICATIONS

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##### Essays and Thesis:

1. *MSc Essay*: Vesiculopustular eruptions of the neonate.
2. *MD Thesis*: Role of interleukin 12 in the pathogenesis of psoriasis.

##### Published Case Reports:

1. Mohamed Hussein Medhat El-Komy, **Mona Rabie Abdel-Halim**, Eman Ahmed El-Nabarawy, Seham El-Tobshy, Suzan Shalaby, and Ayman Ismail Kamel,. Subungual nodule with recurrent bleeding. *J Am Acad Dermatol.* 2012, 67(5): e229-e230
2. Mohammad A. El Darouti, Salonaz A. Marzouk, Heba M. Mashaly, Eman A. El Nabarawi, **Mona R.E. Abdel-Halim**, Mohammad M. El Komy, Venessa G. Hafez, Heba M. Abdel Reheem. Lipedematous scalp and Lipedematous alopecia :Report of 10 new cases. *Eur J Dermatol.* 2007 Jul-Aug; 17(4):351-2.
3. El-Darouti MA, Marzouk SA, Nabil N, **Abdel-Halim MR**, El-Komy MH, Abdel-Latif M. Pachyonychia congenita: treatment of the thickened nails and palmoplantar circumscribed callosities with urea 40% paste. *J Eur Acad Dermatol Venereol* 2006 May; 20(5):615-7.
4. El-Darouti MA, Marzouk SA, **Abdel-Halim MR**, Zidan AZ, Fawzy MM. Basaloid follicular hamartoma. *Int J Dermatol* 2005 May; 44(5):361-5.

5. El Darouti M, Marzouk SA, Fawzi M, **Rabie M**, El Tawdi A, Abdel Azziz M. Reticulate acropigmentation of Dohi: a report of two new associations. *Int J Dermatol* 2004 Aug; 43(8):595-6.
6. El-Darouty MA, Marzouk SA, **Abdel-Halim MR**, El-Komy MH, Mashaly HM. Folliculo-sebaceous cystic hamartoma. *Int J Dermatol* 2001 Jul; 40(7):454-7.

Published Studies:

1. Shereen O. Tawfic, **Mona R.E. Abdel-Halim** and Olfat G. Shaker: Assessment of interleukin-17 in alopecia areata: a case-control pilot study. *JEWDS* 2014; 11(1):20-3.
2. Medhat El-Mofty, Wedad Z. Mostafa, Randa Yousef, **Mona R. E. Abdel Halim**, Marwa El Hawary, Hanaa Abdel Kader, Soheir Assaad, and Bahaa B. Ghannam: Broadband ultraviolet A in the treatment of psoriasis vulgaris: a randomized controlled trial. Accepted for publication in the *Int J Dermatol* (April 2013).
3. Samar M.R. El-Tahlawi, **Mona.R.E. Abdel-Halim**, Mahmoud F. Abdel Hamid , Khalda S. Mohammad, Hana Wafai and Aya H.M.S. El-Sayed: Gene polymorphism and serum levels of IGF-1 in Egyptian acne patients. *JEWDS* 2014; 11(1):45-9.
4. Olfat G Shaker, Mongy Khairallah, Hoda Rasheed, **Mona Abdel Halim**, Ola Abuzeid, Amira El Tawdi, Heba El Hadidi, ALi Ashmawi: Anti-angiogenic effect of methotrexate and PUVA on psoriasis. *Cell biochemistry and Biophysics* 2013; 67(2):735-42.
5. Olfat G Shaker and **Mona R. E. Abdel-Halim**. Connexin 26 in psoriatic skin before and after two conventional therapeutic modalities: methotrexate and PUVA. *Eur J Dermatol* 2012; 22(2): 218-224.
6. Samia M Esmat, **Mona R E Abdel-Halim**, Marwa M Fawzy and Hany Shehata: Low-power carbon dioxide laser and conveintial electrosurgery in the treatment of verrucae vulgaris:which stands first? *Journal of the Egyptian Women's Dermatologic Society*. 2012; 9:136-143.
7. Medhat El Mofty, Mohammed El Darouti, Hoda Rasheed, Dalia Ahmed Bassiouny, **Mona Abdel Halim**, Naglaa Sameh Zaki, Ghada El Hanafy, Heba El Hadidi, Omar Azzam, Amany El Ramly and & Marwa Fawzy: Sulfasalazine and pentoxifylline in psoriasis: A possible safe alternative. *Journal of Dermatological Treatment*. 2011, 22(1): 31-37.
8. Mohammad A. El-Darouti, Heba M. Mashaly, Eman El-Nabarawy, Amal M. Eissa, **Mona R.E. Abdel-Halim** , Marwa M.T. Fawzi, Nermine H. El-Eishi, Sherine O. Tawfik, Naglaa S. Zaki , Anoud Z. Zidan, Marwa Fawzi Mohammad Abdelaziz, Mai M. T. Fawzi, Olfat G. Shaker. Leucocytoclastic



vasculitis and necrolytic acral erythema in patients with hepatitis C infection: Do viral load and viral genotype play a role? *JAAD* 2010, 63(2): 259-65.

9. Rasheed H, Tolba Fawzi MM, **Abdel-Halim MR**, Eissa AM, Mohammed Salem N, Mahfouz S: Immunohistochemical study of the expression of matrix metalloproteinase 9 in skin lesions of mycosis fungoides. *Am J Dermatopathology*. 2010 Apr 32(2): 162-9
10. Marwa Mohsen Tolba Fawzi, Shereen Osama Tawfik, Amal Mohammad Eissa, Mohamed Hussein Medhat El-Komy, **Mona R.E. Abdel-Halim** and Olfat Gamil Shaker. Expression of insulin like growth factor-I (IGF-I) in lesional and non-lesional skin of morphea patients. *Br J Dermatol* 2008: 159 (1): 86-90.
11. **Mona R.E. Abdel-Halim**, Dorria Salem, Soha Talaat, Kareem Moussa. Assessment of bone mineral density by dual x-ray absorptiometry in dermatological patients treated by corticosteroids. *J Egypt Wom Dermatol Soc* 2008: Jul; 5 (2): 55-64.
12. Medhat A. El-Mofty, hany El Weshahy, Randa Yousef, **Mona Abdel-Halim**, Heba Mashaly and Marwa El-Hawary. A comparative study of different treatment frequencies of psoralen and ultraviolet A in psoriatic patients with darker skin types (A randomized-controlled study). *Photodermatology, photoimmunology and photomedicine* 2008: 24: 38-42.
13. Medhat A. El-Mofty, Samia M. Esmat, **Mona R.E. Abdel-Halim**. Pigmentary disorders in the Mediterranean area. *Dermatol Clin* 2007: 25, 401-417.
14. Mohammad A. El-Darouti , Salonaz A. Marzouk , Mohammad H.M. El-Komy, **Mona R.E. Abdel- Halim**, Shereen O. Tawfeek , Naglaa S. Zaki and Amal Eissa. Preliminary clinical, histopathological and laboratory study of cases presenting with pruriginous edematous excoriated papular eruption (subacute prurigo). *Kasr El-Aini Medical Journal*. 2007 Jan 13(1): 7-13.
15. Abdel-Aal RE, **Abdel-Halim MR**, Abdel-Aal S. Improving the classification of multiple disorders with problem decomposition. *Biomed Inform* 2006 Dec; 39(6):612-25. Epub 2006 Jan 18.
16. El-Darouti MA, Marzouk SA, Bosseila M, Zeid OA, El-Safouri O, Zayed A, El-Ramly A, **Abdel-Halim MR**. Microscopic study of normal skin in cases of mycosis fungoides. *Int J Dermatol* 2006 Sep; 45(9):1043-6.
17. Medhat A. EL Mofty, Randa M. Youssef , Shereen O. Tawfic , **Mona R.E. Abdel-Halim**, Helmy Abozeid, Olfat G. Shaker (MD), Osama M. Mohammad, Skin and serum levels of calcium, phosphorus and vitamin D3 in uremic pruritus patients before and after broad band ultraviolet B (UVB) phototherapy. *Egyptian Dermatology Online Journal*, 2 (1): 1, June, 2006.

18. El-Darouti MA, Hussein S, Marzouk SA, Nabil N, Hunter NS, Mahgoub D, El-Eishi NH, **Abdel-Halim MR**. Histopathological study of apparently normal skin of patients with leprosy. *Int J Dermatol* 2006 Mar; 45(3):292-6.
19. El-Darouti MA, Marzouk SA, Azzam O, Fawzi MM, **Abdel-Halim MR**, Zayed AA, Leheta TM. Vitiligo vs. hypopigmented mycosis fungoides (histopathological and immunohistochemical study, univariate analysis). *Eur J Dermatol* 2006 Jan-Feb; 16(1):17-22.
20. Shaker OG, Moustafa W, Essmat S, **Abdel-Halim, M**, El-Komy M. The role of interleukin 12 in pathogenesis of psoriasis. *Clin Biochem.* 2006 Feb; 39(2):119-25.
21. El-Darouti MA, Fawzi SA, Marzook SA, El-Eishi NH, **Abdel-Halim MR**, Soliman SA. Familial gigantic melanocytosis. *Int J Dermatol.* 2005 Dec; 44(12):1010-5.
22. Mohammad S Ragab, Samia M Esmat, Dalia A Bassiouny, **Mona RE Abdel-Halim**, Heba H El-Hadidi, Nahla M. El-Sharkawy, Fayek M Ghaleb, Shereen M AL Maghrabi, Azza M Kamal. Effect of staphylococcal colonization and exotoxin production on apoptosis in atopic dermatitis. *J Egypt Wom Dermatol Soc* 2005 Jan; 2(1): 17-24.
23. Mohammad A. El-Darouti , Salonaz A. Marzouk , Mohammad H.M. El-Komy, **Mona R.E. Abdel- Halim**, Shereen O. Tawfeek , Naglaa S. Zaki and Amal Eissa. Preliminary clinical, histopathological and laboratory study of cases presenting with pruriginous edematous excoriated papular eruption (subacute prurigo). *Kasr El-Aini Medical Journal.* 2007 Jan 13(1): 7-13.

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#### ATTENDED CONFERENCES AND COURSES

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- The annual conferences of ESDV and EWDS as well as conferences organized by dermatology departments in other Egyptian Universities.
- The annual meeting of the British Association of Dermatologists held in Liverpool, England, July 2008 including the BSD session.
- The first Pan Arab Forum of Dermatology and Leprosy, April 2009.
- The 4<sup>th</sup> annual conference of the ASCDL, May 2010.
- The annual conference of the international society of pathology that was held in Cairo, December, 2010.
- The annual meeting of the Egyptian Society of Pathology, December 2012
- The Summer Academy of Dermatopathology, July 2011, Graz
- The First Dermatopathology Course in Ponferrada, Spain, July 2012.
- The London Dermatopathology Course, March 2013

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## PRESENTATIONS

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### **Presentations in conferences and scientific meetings:**

#### **\*CASE PRESENTATIONS:**

1. Calcinosis Cutis
2. Sebaceous epithelioma
3. Sarcoidosis
4. Mastocytosis
5. Hydroa astivale

#### **\*LECTURES:**

1. Histopathological findings in normal skin of leprosy patients.
2. Histopathological, clinical and laboratory evaluation of cases presenting with pruriginous edematous excoriated papular eruption.
3. Cutaneous manifestations of Crohn's disease
4. What is new in dermatologic therapy
5. Necrolytic acral erythema and leucocytoclastic vasculitis, why not occurring simultaneously in HCV infected patients.
6. The ICDP-UEMS Board Certifying Exam in Dermatopathology, the experience of the Dermatology Department, Faculty of Medicine, Cairo University.

\*I have participated in a paper that have been presented in the session of the British society of Dermatopathology during the 88<sup>th</sup> annual meeting of the British association of Dermatologists held in Liverpool, England (July, 2008): Mohammad A. El Darouti, Anoud Zidan, Amany Al Shoura, Salonaz A. Marzouk, **Mona R.E. Abdel-Halim**, and Amira Eltawdy: Idiopathic eruptive macular pigmentation: report of 20 cases.

\*I have participated in a paper that have been presented as a poster in the EADV meeting in Paris (September, 2008): Mohammad A. El Darouti, Eman El Nabarawy, **Mona R.E. Abdel-Halim**, Heba M. Mashaly, Mona Nabih and Hany Khattab: Phenytoin absorption in epidermolysis bullosa.

\* I have participated in a paper that have been accepted as an oral presentation **in in the 11th EADV Spring Symposium in Belgrade.**  
**Normolipidemia does not mean that xanthelasma patients are free of the risk of atherosclerosis.**

#### **Journal Club:**

For 2 years (from January 2006 till January 2008), I have been responsible for a monthly presentation about interesting topics in dermatologic journals held in our department.

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## CAREER PLAN

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I am currently applying for my promotion to the Professor post

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## PERSONAL INTERESTS

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**Sports:** I enjoy going regularly to the GYM and following the IBM (Integrated body mechanics) principles for keeping an optimum weight.

**Reading:** I enjoy reading novels. I have read all Dan Brown novels and I am a big fan of medical thrillers with a special crush for Michael Palmer novels. I am also very interested in reading books related to child psychology, marital relations and self development particularly those written by John Gray and Steven Covey. I have read all books of Torrey Hayden.

**Hand Crafts:** I am interested in some forms of needle handcrafting.

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## REFERREES

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**Prof. Hoda Rasheed (MD)**

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**Prof. Mohammad A. El-Darouti (MD, Dermatopathology Fellowship)**

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